



Report on Human Rights Workshop

Organized by SANDHAN TRUST

Date: 10 December 2024

Venue: Katni, India

Occasion: International Human Rights Day (10 December)

Theme: "Understanding and Practicing Human Rights"

Introduction

On the eve of International Human Rights Day (10 December), SANDHAN TRUST organized a one-day workshop on Human Rights at Katni on 9 December 2024. The aim of the workshop was to educate youth and students about the basic principles of human rights, legal frameworks and the role of individuals in protecting and promoting human dignity.

Objectives of the Workshop

- ❖ To raise awareness about human rights and their importance.
- ❖ To educate youth about legal provisions, rights and responsibilities.
- ❖ To empower participants with knowledge to deal with human rights violations.
- ❖ To encourage active participation in human rights advocacy.

Highlights of the Workshop

1. Inaugural Session

The workshop began with an introductory address by Surjeet Maity of Sandhan Trust, highlighting the importance of human rights education for building an inclusive and just society.

2. Expert Training and Discussions

Chief Trainers Dr. Rakesh Ranjan and Dr. Sunil Chaurasia led informative sessions on various aspects of human rights:

- ❖ Dr. Rakesh Ranjan elaborately discussed the history and evolution of human rights at the global and national level. He discussed the role of youth in protecting constitutional rights and democratic values in India.
- ❖ Dr. Rakesh Ranjan elaborately discussed women rights, child rights and minority rights in the interactive session on human rights violations.
- ❖ Dr. Sunil Chaurasia discussed legal protection and grievance redressal mechanism in relation to human rights. He also highlighted the role of media in human rights protection.

3. Participation and Engagement

The workshop was attended by 45 young students from Katni representing various educational institutions.

Participants actively participated in group discussions, case study analysis, and role-play activities to understand real-world human rights issues.



A Q&A session allowed students to clarify doubts about human rights laws, justice systems, and activism.

4. Practical Awareness and Advocacy

The trainers provided guidance on how to report human rights violations and access legal aid services.

Students were encouraged to form human rights awareness clubs in their institutions to spread awareness and take action.

The workshop concluded with a pledge taking ceremony, where participants took an oath to uphold and promote human rights in their communities.

Message of the Workshop

The program emphasized that human rights are the foundation of a just society, and it is the responsibility of every citizen to protect them. Educating and empowering youth is a crucial step in ensuring justice, equality, and dignity for all.

Conclusion

The Human Rights Workshop organized by Sandhan Trust in Katni successfully engaged and educated the youth about key human rights issues and their legal protection. The active participation of students and expert guidance of Dr. Rakesh Ranjan and Dr. Sunil Chaurasia made the event highly impactful.

Sandhan Trust is committed to spreading awareness, advocating for human rights and empowering communities to build a more equitable society.

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