



REPORT ON HEALTH CAMP FOR SANITATION WORKERS & RAG PICKERS

Organized by: Sandhan Trust

Date: 16th March 2025

Location: Municipal Council, Doomarkachhar

Introduction

Sandhan Trust, in its commitment to social welfare and public health, organized a one-day health camp on 16th March 2025 at Municipal Council, Doomarkachhar. The camp was dedicated to providing health check-ups and medical assistance to 35 sanitation workers and rag pickers, who play a crucial role in maintaining cleanliness but often face severe health risks due to their working conditions.

Objectives

To assess the health conditions of sanitation workers and rag pickers.

To provide free medical consultation and treatment.

To raise awareness about hygiene, disease prevention, and occupational safety.

To distribute essential medicines and health kits.

Activities Conducted

1. Registration & Preliminary Screening

- ❖ Each worker's basic details were recorded.
- ❖ Preliminary health screenings were conducted, including blood pressure, blood sugar, weight, and BMI measurements.

2. Medical Consultation & Check-ups

Doctors and healthcare professionals examined the workers for common health issues such as:

- ❖ Respiratory problems (due to dust and chemical exposure).
- ❖ Skin infections and allergies.
- ❖ Musculoskeletal disorders (caused by heavy lifting and prolonged standing).
- ❖ Gastrointestinal infections (due to exposure to contaminated waste).
- ❖ General fatigue and malnutrition.

3. Medicine Distribution & Health Kits

- ❖ Free medicines were provided for minor ailments.
- ❖ Health kits containing masks, gloves, antiseptic soaps, and multivitamins were distributed.

4. Awareness Session on Occupational Health & Hygiene

- ❖ Experts conducted an interactive session on:
- ❖ Safe waste handling practices.



- ❖ Personal hygiene to prevent infections.
- ❖ The importance of protective gear while working.
- ❖ Nutritional guidance for better health.

5. Follow-up & Referral Services

- ❖ Workers with serious health issues were referred to nearby hospitals for further medical attention.
- ❖ Plans for regular health camps were discussed with local authorities.

Impact of the Initiative

- ❖ 35 sanitation workers and rag pickers received essential health check-ups and medical aid.
- ❖ Increased awareness of hygiene and safety measures among the workers.
- ❖ Identification of common health risks faced by sanitation workers.
- ❖ Strengthened the commitment to worker welfare and the need for long-term health monitoring.

Challenges Faced

- ❖ Limited access to healthcare for workers beyond the camp.
- ❖ Need for more protective equipment for workers.
- ❖ Requirement for regular medical check-ups and government support.

Conclusion & Way Forward

The health camp was a significant step towards ensuring the well-being of sanitation workers and rag pickers, who form the backbone of urban sanitation. Sandhan Trust aims to conduct similar initiatives regularly and advocate for better healthcare facilities for these essential workers. Collaborations with local health authorities and municipal bodies will be pursued to ensure continuous medical support for sanitation workers.

Acknowledgment

Sandhan Trust extends its heartfelt thanks to medical professionals, volunteers, the Municipal Council of Doomarkachhar, and all participants for their support in making this initiative successful.

Healthy workers build a healthier society!
